



Cognition and Aging

Cognitive impairment is not a normal part of aging. It is important to understand and recognize how cognition changes with aging and identify what is normal and abnormal. In this course, participants would learn the different types of cognition, conditions that result in cognitive impairment and strategies to manage challenging behavior that arise from cognitive impairment. Participants would also learn and design cognitive stimulating activities.

COURSE DETAILS



21 Jul 2025

9 am to 5 pm



Learning Objectives

- Understand different types of cognition
- Recognize normal and abnormal cognition in aging
- Apply strategies to manage challenging behavior that arise from cognitive impairment
- Understand and design cognitive stimulating activities



Course Fees

\$500 (incl. GST)

CCTG funding is eligible for 90% funding for Singaporean/Singapore Permanent Resident (PR) and 45% funding for foreigner.



Who Should Attend

Health care staff involved in the care of older adults in setting such as centre based services, home therapy, nursing homes and AAC



Method

Face to Face @ Ren Ci Learning Academy (71 Irrawaddy Road, Singapore 329562)

