



DISSOLVING CHALLENGING BEHAVIOUR

Behaviour is only a problem if we perceive it as one. While everyone expresses themselves differently, we often interpret the behaviour of persons living with dementia through a unique lens. For those living with dementia, behaviour can be a form of communication, often reflecting unmet needs. As caregivers, it is essential to look beyond the behaviour to understand the person and address these needs. By doing so, we can help ease challenging behaviours and create a more supportive environment.

COURSE DETAILS

 **2-day course & 45-minute online consultation**

	Timing	Run 1	Run 2	Run 3	Run 4
Day 1 (F2F)	2- 5 pm	4 Feb	3 Mar	2 May	6 Jun
Consultation with Trainer (Zoom/Teams)	45 min	11 Feb	11 Mar	9 May	12 Jun
Day 2 (Zoom/Teams)	2- 5 pm	28 Feb	19 Mar	28 May	20 Jun



Course Fees
\$550 (incl. GST)



Method

- Group Discussions
- Zoom/Teams Lecture
- Participants will need to present their group work during Session 2.
- Instructors will review and have a round of consultation with participants' group work prior to session 2
- Face to Face @ Ren Ci Learning Academy (71 Irrawaddy Road, Singapore 329562)



Who Should Attend

- Healthcare workers who take care of Persons living with Dementia
- Proficient in the English language



Learning Objectives

- Understand a person behind the challenging behaviour using the Enriched Model of Care
- Able to apply the PIECES – ABC framework to identify unmet needs and their possible causes
- Able to develop an Individualised Care Plan to dissolve challenging behaviour
- Able to use various types of non-pharmacology approach to dissolve challenging behaviour



Key Trainers

Ms Samantha, *Clinical Instructor, Bachelors in Nursing (Honors), Post-Diploma Certificate in Principles & Practice Of Clinical Education.* Ms Samantha is an Adult Educator focusing on Dementia, Mental Health and Person-Centred Care training, Job redesign in Community Care sector and BCLS+AED training, with a WSQ Advanced Certificate in Learning and Performance (ACLP).

Marilyn Pearl D/O David, *Assistant Nurse Clinician, Bachelor of Science (Honours) Nursing*
Ms Marilyn has been a preceptor since 2009. She has attained full certification in WSQ Advanced Certificate in Learning and Performance (ACLP).

Ms V. Ariva, *Senior Nurse Clinician, Masters in Dementia Study, Certified Basic user Dementia Care Mapping, Bachelors in Nursing.* Ms. V.Ariva has more than 25 years of experience in nursing and more than 20 years of experience in Dementia Care. She provides support and training for the health care staff in the scope of Dementia Care for more than 15 years.